What is claimed is:

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1. An optical disk medium which comprises a track groove thereon and on which information is recorded along the track groove on a block unit basis, the block unit having a predetermined length,

wherein the block unit includes a number of sub-blocks that are arranged along the groove, wherein a sub-block mark is provided wobbling in a sine wave curve within each said sub-block and used to identify the sub-block, and

wherein a part of the track groove has a sawtooth-like wobble shape that is defined by a combination of a steep displacement pattern and a gentle displacement pattern to represent address information of the block unit.

- 2. The optical disk medium of claim 1, wherein the sub-block mark is formed by locally changing the phase of the sine wave and wobble.
- 3. The optical disk medium of claim 1, wherein the sub-block mark is provided with a sine wobble have a frequency different from that of the other parts of the track groove.
- 4. The optical disk medium of claim 1, wherein the information represented by the wobble shape of the track groove is also represented by the sub-block mark.